



## Complete Summary

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### TITLE

Child and adolescent major depressive disorder: percentage of patient visits for those patients aged 6 through 17 years with a diagnosis of major depressive disorder with a plan for follow-up care documented.

### SOURCE(S)

Physician Consortium for Performance Improvement®. Child and adolescent major depressive disorder physician performance measurement set. Chicago (IL): American Medical Association (AMA); 2008 Sep. 30 p. [13 references]

## Measure Domain

### PRIMARY MEASURE DOMAIN

Process

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the [Measure Validity](#) page.

### SECONDARY MEASURE DOMAIN

Does not apply to this measure

## Brief Abstract

### DESCRIPTION

This measure is used to assess the percentage of patient visits for those patients aged 6 through 17 years with a diagnosis of major depressive disorder with a plan for follow-up care documented.

### RATIONALE

Given the high drop-out rate among children and adolescents who begin treatment, it is critical that a plan be established to continue and monitor treatment.

The following clinical recommendation statements are quoted verbatim from the referenced clinical guidelines and represent the evidence base for the measure:

During all treatment phases, clinicians should arrange frequent follow-up contacts that allow sufficient time to monitor the subject's clinical status, environmental conditions, and, if appropriate, medication side effects. (American Academy of Child and Adolescent Psychiatry [AACAP], 2007)

It is recommended that all patients receiving [antidepressants] be carefully monitored for suicidal thoughts and behavior, as well as other side effects thought to be possibly associated with increased suicidality, particularly during the first weeks of treatment. The Food and Drug Administration (FDA) recommends that depressed youth should be seen every week for the first 4 weeks and biweekly thereafter. However, it is not always possible to schedule weekly face-to-face appointments. In this case, evaluations should be briefly carried out by phone, but it is important to emphasize that there is no data to suggest that the monitoring schedule proposed by the FDA or telephone calls have any impact on the risk of suicide. Monitoring is important for all patients, but patients at increased risk for suicide (e.g., those with current or prior suicidality, impulsivity, substance abuse, history of sexual abuse, family history of suicide) should be scrutinized particularly closely. (AACAP, 2007)

The treatment of depressive disorders should always include an acute and continuation phase. Some children may also require maintenance treatment. (AACAP, 2007)

To consolidate the response to the acute treatment and avoid relapses, treatment should always be continued for 6 to 12 months. (AACAP, 2007)

## **PRIMARY CLINICAL COMPONENT**

Child and adolescent major depressive disorder; follow-up care plan

## **DENOMINATOR DESCRIPTION**

All patient visits for those patients aged 6 through 17 years with a diagnosis of major depressive disorder

**Note:** Refer to the original measure documentation for administrative codes.

## **NUMERATOR DESCRIPTION**

Patient visits with a plan for follow-up care documented

**Note:** Refer to the original measure documentation for administrative codes.

## **Evidence Supporting the Measure**

### **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

- A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence

### **NATIONAL GUIDELINE CLEARINGHOUSE LINK**

- [Practice parameters for the assessment and treatment of children and adolescents with depressive disorders.](#)

## **Evidence Supporting Need for the Measure**

### **NEED FOR THE MEASURE**

Unspecified

### State of Use of the Measure

#### **STATE OF USE**

Current routine use

#### **CURRENT USE**

Internal quality improvement

### Application of Measure in its Current Use

#### **CARE SETTING**

Physician Group Practices/Clinics

#### **PROFESSIONALS RESPONSIBLE FOR HEALTH CARE**

Physicians

#### **LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED**

Individual Clinicians

#### **TARGET POPULATION AGE**

Ages 6 through 17 years

#### **TARGET POPULATION GENDER**

Either male or female

#### **STRATIFICATION BY VULNERABLE POPULATIONS**

Unspecified

### Characteristics of the Primary Clinical Component

#### **INCIDENCE/PREVALENCE**

Unspecified

#### **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

## **BURDEN OF ILLNESS**

Unspecified

## **UTILIZATION**

Unspecified

## **COSTS**

Unspecified

## **Institute of Medicine National Healthcare Quality Report Categories**

## **IOM CARE NEED**

Getting Better  
Living with Illness

## **IOM DOMAIN**

Effectiveness

## **Data Collection for the Measure**

## **CASE FINDING**

Users of care only

## **DESCRIPTION OF CASE FINDING**

All patient visits for those patients aged 6 through 17 years with a diagnosis of major depressive disorder

## **DENOMINATOR SAMPLING FRAME**

Patients associated with provider

## **DENOMINATOR INCLUSIONS/EXCLUSIONS**

### **Inclusions**

All patient visits for those patients aged 6 through 17 years with a diagnosis of major depressive disorder

**Note:** Refer to the original measure documentation for administrative codes.

### **Exclusions**

None

## **RELATIONSHIP OF DENOMINATOR TO NUMERATOR**

All cases in the denominator are equally eligible to appear in the numerator

## **DENOMINATOR (INDEX) EVENT**

Clinical Condition  
Encounter

## **DENOMINATOR TIME WINDOW**

Time window is a single point in time

## **NUMERATOR INCLUSIONS/EXCLUSIONS**

### **Inclusions**

Patient visits with a plan for follow-up care documented

**Note:** Refer to the original measure documentation for administrative codes.

### **Exclusions**

None

## **MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS**

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

## **NUMERATOR TIME WINDOW**

Encounter or point in time

## **DATA SOURCE**

Administrative data  
Medical record

## **LEVEL OF DETERMINATION OF QUALITY**

Individual Case

## **PRE-EXISTING INSTRUMENT USED**

Unspecified

## Computation of the Measure

### SCORING

Rate

### INTERPRETATION OF SCORE

Better quality is associated with a higher score

### ALLOWANCE FOR PATIENT FACTORS

Unspecified

### STANDARD OF COMPARISON

Internal time comparison

## Evaluation of Measure Properties

### EXTENT OF MEASURE TESTING

Unspecified

## Identifying Information

### ORIGINAL TITLE

Measure #6: follow-up care.

### MEASURE COLLECTION

[The Physician Consortium for Performance Improvement® Measurement Sets](#)

### MEASURE SET NAME

[Child and Adolescent Major Depressive Disorder Physician Performance Measurement Set](#)

### SUBMITTER

American Medical Association on behalf of the Physician Consortium for Performance Improvement®

### DEVELOPER

Physician Consortium for Performance Improvement®

**FUNDING SOURCE(S)**

Unspecified

**COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE**

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**FINANCIAL DISCLOSURES/OTHER POTENTIAL CONFLICTS OF INTEREST**

Conflicts, if any, are disclosed in accordance with the Physician Consortium for Performance Improvement® conflict of interest policy.

**ADAPTATION**

Measure was not adapted from another source.

**RELEASE DATE**

2008 Sep

**MEASURE STATUS**

This is the current release of the measure.

**SOURCE(S)**

Physician Consortium for Performance Improvement®. Child and adolescent major depressive disorder physician performance measurement set. Chicago (IL): American Medical Association (AMA); 2008 Sep. 30 p. [13 references]

## **MEASURE AVAILABILITY**

The individual measure, "Measure #6: Follow-Up Care," is published in "Child and Adolescent Major Depressive Disorder Physician Performance Measurement Set." This document and technical specifications are available in Portable Document Format (PDF) from the American Medical Association (AMA)-convened Physician Consortium for Performance Improvement® Web site: [www.physicianconsortium.org](http://www.physicianconsortium.org).

For further information, please contact AMA staff by e-mail at [cqi@ama-assn.org](mailto:cqi@ama-assn.org).

## **NQMC STATUS**

This NQMC summary was completed by ECRI Institute on March 2, 2009. The information was verified by the measure developer on April 13, 2009.

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